



How To Accelerate Transformative Change For Meaningful Results

Does this resonate with you?

“For years I thought **transformative change** at the personal, professional, and/or organizational level was so deep and so challenging that the process/journey needed to take a long amount of time with a lot of struggle.”

*I have come to learn that **transformative change** does not need to be long and painful when we know what we are doing!*

Transformative change can be successfully accelerated through applying a few key steps:

- 1) partnering with a skilled professional you trust fully,
- 2) exploring unknown areas of beliefs and behaviors that underlie the lack of results you have been getting so far,
- 3) clarifying your desired change to be even more inspirational than you thought possible,
- 4) practicing new ways of thinking and new habits to ensure results that stick.

Introducing the Positive Intelligence (PI) Mental Fitness Program with Leadership Coaching

A process designed to accelerate transformative change for meaningful results

Overview:

This Leadership Coaching delivers a powerful booster using Positive Intelligence to develop core mental muscles. Just as we go the gym to build our physical muscles, through the PI Mental Fitness Program, you will clarify which inner mental muscles need to be strengthened to experience successful transformative change.

Through the PI Program, you develop new skills to identify your Saboteurs (negative messages that block efforts for transformative change) and learn to balance them with your authentic Sage Powers (strengths that bring energy and focus to the areas of life you want to improve and/or change.)

Throughout the 8-week program, you will practice and apply what you are learning in real life situations with real people. Meaningful results will follow. This program includes:

Six Weeks of Positive Intelligence Practice via easy-to-use App

- 60 minutes of recorded video delivered each week
- Daily exercises to practice for a total of 20 minutes throughout each day

Eight Weeks of Group Coaching

Week One

- One-hour, private session to set your intentions/goals for the program
- Group orientation session learning about each other and the program

Week Two through Seven

- One-hour, private session to set your intentions/goals for the program
- Group orientation session learning about each other and the program

Week Eight

- One-hour facilitated group session to capture new learnings, celebrate results, and identify next steps

Are you ready to begin? I am ready to work with you. Schedule your complimentary 45-minute virtual information session! Click the link below:

<https://CarsonGreilGroup.as.me/ContactingbyZoom>

Experience Transformative Change for Meaningful Results